

Thanks for registering for The Quarter Marathon presented by Fleet Feet Sports Tulsa on Saturday September 16, 2017.

Please take a moment to read this document as it contains important race information.

MORE VOLUNTEERS NEEDED!! We have a few volunteer tasks that still need to be filled – if you can help out before or after your race or if you have friends or family who can – please sign up or share this link – Thanks!
<http://signup.com/go/2k86Hw>

Your packet will be ready beginning Wednesday, September 13, 2017 and can be picked up at the Fleet Feet Sports Tulsa location you selected during registration. Packets will be available Wednesday, Thursday, and Friday during normal business hours (<http://www.fleetfeettulsa.com/about/directions>). Your packet will remain at the store until 7 pm on Friday September 15. Packets can also be picked up on race day, Saturday September 16, starting at 6:30 am in the back parking lot of Fleet Feet Blue Dome. **** We suggest you pick up your packet in advance – the race will be large and packet pickup on race day can get congested.**

** If you are in the 4 Seasons Challenge, we have already assigned your bib number. So when you come in to pick up your packet please tell the staff member or volunteer at registration that you are in the 4 Seasons Challenge so they can pull your pre-assigned bib for you. If you are in the 4SC and want to change races – you can do so **IF SPACE IS AVAILABLE** but you will need to email tim@fleetfeettulsa.com or amanda@fleetfeettulsa.com so we can change your race number and event. You will take your original bib with you when you come to packet pickup, and if we can switch you to another race distance we will have the new bib ready for you to pick up on race day at registration (in the back parking lot).

Timing:

For the both races (5 km and Quarter Marathon) you will find a MYLAPS timing device on your race bib. Do not remove the device from your bib. Do not fold, mangle, cut, or otherwise destroy the device as doing so will render it useless. Simply wear the bib on the front of your shirt! **IMPORTANT:** If you are in the DOUBLE, you will wear the same race number and MYLAPS tag for both races!

Wear your race number on the front of your body! This is very important as our second back-up timing method requires us to see your race number. Do not cover your race number and do not wear it on your back!

Race Start Times:

5KM: 7:30 am

Quarter Marathon: 8:30 am

Course Map: See the attached links for the course maps. If you are in the Quarter Marathon, please stay clear of the FINISH LINE as you line up for the start of your race. The FINISH LINE will be active as the 5 km will be underway. If you are a DOUBLER and will finish the 5 km in more than an hour, once you finish the 5km proceed to the start line to begin the Quarter Marathon. Note the Quarter Marathon will start one hour after the 5km starts.

Course maps:

http://files.www.fleetfeettulsa.com/races/2017-quarter-marathon/Fleet_Feet_Blue_Dome_Quarter_Marathon_2.pdf

http://files.www.fleetfeettulsa.com/races/2017-quarter-marathon/Fleet_Feet_Blue_Dome_5k_8.pdf

Parking: There is limited free parking on the surface streets near the store. The large parking lot across the street to the north of Fleet Feet Blue Dome is a pay lot and is now mostly closed due to construction. Lots near McNellie's north of 1st Street are free to park. Most other lots in the area are pay – so be sure to check.

Post-Race Details:

Beverages: Enjoy post-race beverages by showing your race number (please bring your ID if you wish to have an adult beverage in order to receive an over 21 wristband – you can get a wrist band before the race at registration/packet pickup or after the race at the beer tent). Beer provided by Marshall's Brewing!

Food: We will have special Asian wraps from Jinya (<https://jinya-ramenbar.com/locations/detail/tulsa>) at the post-race party! Vegetarian options will be available as well as fruit.

Entertainment: We will have a DJ playing in the back parking lot for your post-race entertainment.

Awards: We will do age group and overall awards at the conclusion of each race in the back parking lot. If you are a Doubler and won a 5k award, you can get your 5k award after the quarter marathon.

Race Results: Printed listings of age group winners will also be posted. During the race results will be posted online; see the scan-able signs that will be posted in and around Fleet Feet Blue Dome in order to access results with your smart phone.

Medals and Doubler Awards:

5 km: As you finish the 5 km, you will receive your 5 km finisher medal!

Quarter Marathon: As you finish the Quarter Marathon, you will receive your Quarter Marathon finisher medal!

DOUBLERS: Collect your special CUSTOM WATER BOTTLE in the back parking lot at the awards tent by showing your DOUBLER BIB and two finisher medals.

4 Seasons Challenge Medals: Go to the awards tent to claim your 4SC medal piece after the race – show your finisher medal!

Thanks again for registering! Engage with us on Facebook and watch our website for any race related announcement.

Post-race results will be posted online to our website and Facebook, and follow us on Facebook to see race photos and video! Our photos are always free for you to download and use. A link to the photo album for the event will be provided after the race on both our Facebook page and our website (www.fleetfeettulsa.com)