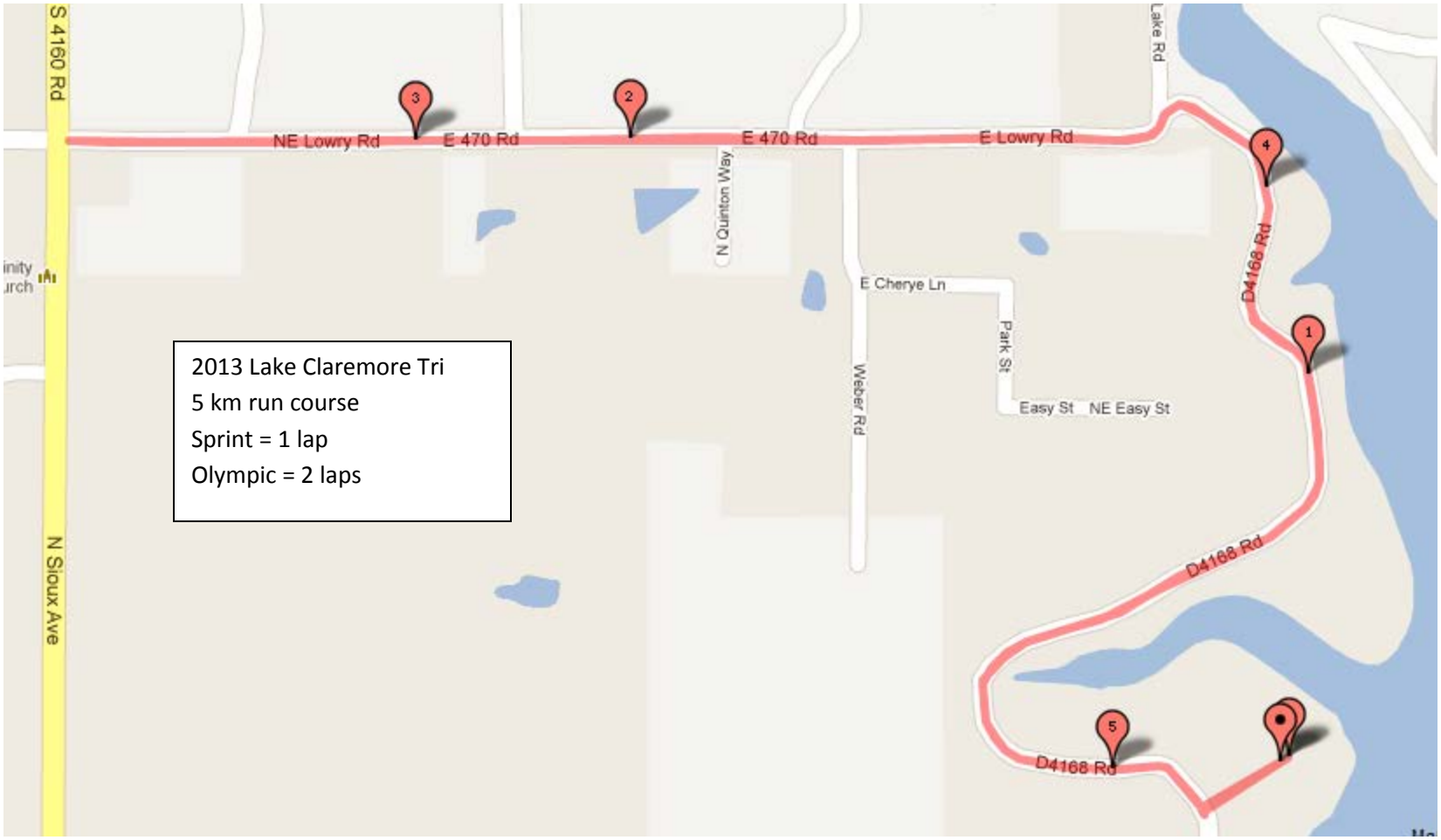
S 4160 Rd
NE Lowry Rd
E 470 Rd
E 470 Rd
E Lowry Rd
N Quinton Way
Lake Rd
D4168 Rd
E Cherye Ln
Park St
Weber Rd
Easy St
NE Easy St
D4168 Rd
D4168 Rd
N Sioux Ave
1
2
3
4
5
2013 Lake Claremore Tri
5 km run course
Sprint = 1 lap
Olympic = 2 laps