## FLEET FEET DECATUR

431 W Ponce de Leon Ave (across from the Post Office) Decatur, GA www.fleetfeetdecatur.com 404-371-0208



## PLEASE BE SAFE! - RUNNERS ASSUME ALL RISK

Be seen - wear light/reflective material
Watch for and give cars leeway
Don't trip - watch your footing
Stay alert and aware
Obey traffic signals
Carry identification
Carry a cell phone - dial 911 for emergency
Adjust for weather conditions
Stay hydrated