FLEET FEET DECATUR

431 W Ponce de Leon Ave (across from the Post Office) Decatur, GA www.fleetfeetdecatur.com 404-371-0208

Distance = 3.1 miles	Fleet Feet 3M Lamont
	http://www.gmap-pedometer.com/?r=5772265
Street Directions	
Start at Fleet Feet	
Right on Northern Ave	
Right on Oakland St	Garage Contract of the Contrac
Right on Ponce de Leon Pl	
Left on Ponce de Leon Ave	Carden L
left on Commerce Dr	
Left on Clairemont Ave	
Left on Lamont Dr	
At Scott Blvd turn around on	Lamont Dr F &
Lamont Dr) 3 S
Left on Vidal Blvd	The state of the s
Left on Lamont Dr	Cakland St Cakland St W
Right on Clairemont Ave	
Right on Wilton Dr	
Right on Oakland St	** (0)
Left on Fairview Ave	Management St O
Right on Ponce de Leon Ave	Juntal St
End at Fleet Feet	or Netson Ferry Roy
	Welson Ferry no

PLEASE BE SAFE! - RUNNERS ASSUME ALL RISK

Be seen - wear light/reflective material
Watch for and give cars leeway
Don't trip - watch your footing
Stay alert and aware
Obey traffic signals
Carry identification
Carry a cell phone - dial 911 for emergency
Adjust for weather conditions
Stay hydrated