FLEET FEET DECATUR

431 W Ponce de Leon Ave (across from the Post Office) Decatur, GA www.fleetfeetdecatur.com 404-371-0208

Distance = 2.9 miles	Fleet Feet 3M Fun Run
	http://www.gmap-pedometer.com/?r=5769100
Street Directions	
Start at Fleet Feet	Decaper Control of the Control of th
Right on Northern Ave	Cemetery O
Right on Oakland St	OMERS 1
Right on Ponce de Leon Pl	Commerce Dr 2 Oak Ln
Left on Ponce de Leon Ave	150
Right on Sycamore St	
Right on Church St	Downtown E po 2 to team m
Right on Ponce de Leon Ave	Marta Sycamore St Sycamore St
End at Fleet Feet	Decistur Decistur Decistur Sycamore St Sycamore St
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	and Ln 20 Tanley St.
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PLEASE BE SAFE! - RUNNERS ASSUME ALL RISK

Be seen - wear light/reflective material
Watch for and give cars leeway
Don't trip - watch your footing
Stay alert and aware
Obey traffic signals
Carry identification
Carry a cell phone - dial 911 for emergency
Adjust for weather conditions
Stay hydrated