


# FLEET FEET DECATUR

431 W Ponce de Leon Ave (across from the Post Office) Decatur, GA

www.fleetfeetdecatour.com 404-371-0208

<b>Distance = 2.9 miles</b>	<p><b>Fleet Feet 3M Fun Run</b></p> <p><a href="http://www.gmap-pedometer.com/?r=5769100">http://www.gmap-pedometer.com/?r=5769100</a></p> 
<b>Street Directions</b>	
Start at Fleet Feet	
Right on Northern Ave	
Right on Oakland St	
Right on Ponce de Leon Pl	
Left on Ponce de Leon Ave	
Right on Sycamore St	
Right on Church St	
Right on Ponce de Leon Ave	
End at Fleet Feet	

**PLEASE BE SAFE! - RUNNERS ASSUME ALL RISK**

- Be seen - wear light/reflective material
- Watch for and give cars leeway
- Don't trip - watch your footing
- Stay alert and aware
- Obey traffic signals
- Carry identification
- Carry a cell phone - dial 911 for emergency
- Adjust for weather conditions
- Stay hydrated