FLEET FEET DECATUR

431 W Ponce de Leon Ave (across from the Post Office) Decatur, GA www.fleetfeetdecatur.com 404-371-0208

Distance = 2 miles	Fleet Feet 1M Out & 1M Back
	http://www.gmap-pedometer.com/?r=5772040
Street Directions	
Start at Fairview Ave-Ponce de	Medi Bark
Leon Ave Corner	7 March 2 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
West on Ponce de Leon Ave	
Right on Northern Ave	NEW YORK OF THE STATE OF THE OUT OUT OF THE OUT OF THE OUT OUT OF THE OUT OF THE OUT OF THE OUT
Right on Oakland St	The second secon
Left on Wilton Dr	X S S S S S S S S S S S S S S S S S S S
Right on Plainview St	
Right on Ponce de Leon Pl	
Turn around at Ponce de Leon	
Ave and return	First Baptist Church
Finish at starting point	
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	Beaumont Py
	Montgomery St Montgomery St
	Hampton Ln
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	W Ponce De Leon Ave W Ponce De L

PLEASE BE SAFE! - RUNNERS ASSUME ALL RISK

Be seen - wear light/reflective material
Watch for and give cars leeway
Don't trip - watch your footing
Stay alert and aware
Obey traffic signals
Carry identification
Carry a cell phone - dial 911 for emergency
Adjust for weather conditions
Stay hydrated