

# MILE RACES- OVER 8:00 MINUTES

Line Through = Disqualified

Place	Name	Hometown	Type	Bib #	Time	Pace	Speed	Sex	Age	ID Number
1	HOLLAND MCDUFFIE		RUNNER	3	00:08:38.81	08:38	6.9mph	M	8	
					<i>Splits: Split 1: 00:01:58.909 (00:01:58.909)</i>		<i>Speed: 7.6mph</i>	<i>Pace: 07:56</i>		
					<i>Split 2: 00:02:04.531 (00:04:03.440)</i>		<i>Speed: 7.2mph</i>	<i>Pace: 08:18</i>		
					<i>Split 3: 00:02:22.189 (00:06:25.629)</i>		<i>Speed: 6.3mph</i>	<i>Pace: 09:29</i>		
					<i>Split 4: 00:02:13.190 (00:08:38.819)</i>		<i>Speed: 6.8mph</i>	<i>Pace: 08:53</i>		
2	JAMARI JACKSON		RUNNER	29	00:08:42.92	08:43	6.9mph	M	15	
					<i>Splits: Split 1: 00:01:53.833 (00:01:53.833)</i>		<i>Speed: 7.9mph</i>	<i>Pace: 07:35</i>		
					<i>Split 2: 00:02:15.947 (00:04:09.780)</i>		<i>Speed: 6.6mph</i>	<i>Pace: 09:04</i>		
					<i>Split 3: 00:02:23.212 (00:06:32.992)</i>		<i>Speed: 6.3mph</i>	<i>Pace: 09:33</i>		
					<i>Split 4: 00:02:09.932 (00:08:42.924)</i>		<i>Speed: 6.9mph</i>	<i>Pace: 08:40</i>		
3	AYBRI PICARD		RUNNER	4	00:09:21.86	09:21	6.4mph	F	10	
					<i>Splits: Split 1: 00:02:09.677 (00:02:09.677)</i>		<i>Speed: 6.9mph</i>	<i>Pace: 08:39</i>		
					<i>Split 2: 00:02:25.779 (00:04:35.456)</i>		<i>Speed: 6.2mph</i>	<i>Pace: 09:43</i>		
					<i>Split 3: 00:02:29.759 (00:07:05.215)</i>		<i>Speed: 6.0mph</i>	<i>Pace: 09:59</i>		
					<i>Split 4: 00:02:16.654 (00:09:21.869)</i>		<i>Speed: 6.6mph</i>	<i>Pace: 09:07</i>		
4	ERIN NORRIS		RUNNER	22	00:09:43.10	09:43	6.2mph	F	15	
					<i>Splits: Split 1: 00:01:42.456 (00:01:42.456)</i>		<i>Speed: 8.8mph</i>	<i>Pace: 06:50</i>		
					<i>Split 2: 00:02:10.904 (00:03:53.360)</i>		<i>Speed: 6.9mph</i>	<i>Pace: 08:44</i>		
					<i>Split 3: 00:03:04.384 (00:06:57.744)</i>		<i>Speed: 4.9mph</i>	<i>Pace: 12:18</i>		
					<i>Split 4: 00:02:45.360 (00:09:43.104)</i>		<i>Speed: 5.4mph</i>	<i>Pace: 11:01</i>		
5	EMMA STOCKLEY		RUNNER	21	00:10:17.39	10:17	5.8mph	M	0	
					<i>Splits: Split 1: 00:02:07.915 (00:02:07.915)</i>		<i>Speed: 7.0mph</i>	<i>Pace: 08:32</i>		
					<i>Split 2: 00:02:31.547 (00:04:39.462)</i>		<i>Speed: 5.9mph</i>	<i>Pace: 10:06</i>		
					<i>Split 3: 00:02:49.474 (00:07:28.936)</i>		<i>Speed: 5.3mph</i>	<i>Pace: 11:18</i>		
					<i>Split 4: 00:02:48.457 (00:10:17.393)</i>		<i>Speed: 5.3mph</i>	<i>Pace: 11:14</i>		
6	AYDEN WALTERS		RUNNER	37	00:10:17.61	10:17	5.8mph	M	5	
					<i>Splits: Split 1: 00:02:14.099 (00:02:14.099)</i>		<i>Speed: 6.7mph</i>	<i>Pace: 08:56</i>		
					<i>Split 2: 00:02:39.823 (00:04:53.922)</i>		<i>Speed: 5.6mph</i>	<i>Pace: 10:39</i>		
					<i>Split 3: 00:02:38.043 (00:07:31.965)</i>		<i>Speed: 5.7mph</i>	<i>Pace: 10:32</i>		
					<i>Split 4: 00:02:45.647 (00:10:17.612)</i>		<i>Speed: 5.4mph</i>	<i>Pace: 11:03</i>		
7	CAROLINE HENNING		RUNNER	25	00:11:15.40	11:15	5.3mph	F	13	
					<i>Splits: Split 1: 00:02:07.343 (00:02:07.343)</i>		<i>Speed: 7.1mph</i>	<i>Pace: 08:29</i>		
					<i>Split 2: 00:02:46.270 (00:04:53.613)</i>		<i>Speed: 5.4mph</i>	<i>Pace: 11:05</i>		
					<i>Split 3: 00:03:12.507 (00:08:06.120)</i>		<i>Speed: 4.7mph</i>	<i>Pace: 12:50</i>		
					<i>Split 4: 00:03:09.287 (00:11:15.407)</i>		<i>Speed: 4.8mph</i>	<i>Pace: 12:37</i>		