

MILE RACES - SUB 5:30

Line Through = Disqualified

Place	Name	Hometown	Type	Bib #	Time	Pace	Speed	Sex	Age	ID Number
1	VICTOR KIPKIRUI		RUNNER	33	00:04:48.89	04:48	12.5mph	M	23	
					<i>Splits: Split 1: 00:01:13.168 (00:01:13.168)</i>		<i>Speed: 12.3mph</i>	<i>Pace: 04:52</i>		
					<i>Split 2: 00:01:12.367 (00:02:25.535)</i>		<i>Speed: 12.4mph</i>	<i>Pace: 04:49</i>		
					<i>Split 3: 00:01:12.604 (00:03:38.139)</i>		<i>Speed: 12.4mph</i>	<i>Pace: 04:50</i>		
					<i>Split 4: 00:01:10.751 (00:04:48.890)</i>		<i>Speed: 12.7mph</i>	<i>Pace: 04:43</i>		
2	NATHAN HALL		RUNNER	5	00:04:52.31	04:52	12.3mph	M	33	
					<i>Splits: Split 1: 00:01:14.229 (00:01:14.229)</i>		<i>Speed: 12.1mph</i>	<i>Pace: 04:57</i>		
					<i>Split 2: 00:01:13.755 (00:02:27.984)</i>		<i>Speed: 12.2mph</i>	<i>Pace: 04:55</i>		
					<i>Split 3: 00:01:15.956 (00:03:43.940)</i>		<i>Speed: 11.8mph</i>	<i>Pace: 05:04</i>		
					<i>Split 4: 00:01:08.378 (00:04:52.318)</i>		<i>Speed: 13.2mph</i>	<i>Pace: 04:33</i>		
3	SHADRACK KIPNGETICH		RUNNER	34	00:04:55.16	04:55	12.2mph	M	23	
					<i>Splits: Split 1: 00:01:13.776 (00:01:13.776)</i>		<i>Speed: 12.2mph</i>	<i>Pace: 04:55</i>		
					<i>Split 2: 00:01:12.526 (00:02:26.302)</i>		<i>Speed: 12.4mph</i>	<i>Pace: 04:50</i>		
					<i>Split 3: 00:01:15.663 (00:03:41.965)</i>		<i>Speed: 11.9mph</i>	<i>Pace: 05:02</i>		
					<i>Split 4: 00:01:13.195 (00:04:55.160)</i>		<i>Speed: 12.3mph</i>	<i>Pace: 04:53</i>		
4	DAVID BENNETT		RUNNER	20	00:05:03.88	05:03	11.8mph	M	16	
					<i>Splits: Split 1: 00:01:16.614 (00:01:16.614)</i>		<i>Speed: 11.7mph</i>	<i>Pace: 05:06</i>		
					<i>Split 2: 00:01:17.166 (00:02:33.780)</i>		<i>Speed: 11.7mph</i>	<i>Pace: 05:08</i>		
					<i>Split 3: 00:01:20.549 (00:03:54.329)</i>		<i>Speed: 11.2mph</i>	<i>Pace: 05:22</i>		
					<i>Split 4: 00:01:09.553 (00:05:03.882)</i>		<i>Speed: 12.9mph</i>	<i>Pace: 04:38</i>		
5	DWAIN MCDUFFIE		RUNNER	6	00:05:11.35	05:11	11.6mph	M	47	
					<i>Splits: Split 1: 00:01:16.439 (00:01:16.439)</i>		<i>Speed: 11.8mph</i>	<i>Pace: 05:06</i>		
					<i>Split 2: 00:01:17.461 (00:02:33.900)</i>		<i>Speed: 11.6mph</i>	<i>Pace: 05:10</i>		
					<i>Split 3: 00:01:19.897 (00:03:53.797)</i>		<i>Speed: 11.3mph</i>	<i>Pace: 05:19</i>		
					<i>Split 4: 00:01:17.553 (00:05:11.350)</i>		<i>Speed: 11.6mph</i>	<i>Pace: 05:10</i>		
6	DANIEL ROWLAND		RUNNER	36	00:05:12.68	05:12	11.5mph	M	15	
					<i>Splits: Split 1: 00:01:17.288 (00:01:17.288)</i>		<i>Speed: 11.6mph</i>	<i>Pace: 05:09</i>		
					<i>Split 2: 00:01:16.612 (00:02:33.900)</i>		<i>Speed: 11.7mph</i>	<i>Pace: 05:06</i>		
					<i>Split 3: 00:01:23.028 (00:03:56.928)</i>		<i>Speed: 10.8mph</i>	<i>Pace: 05:32</i>		
					<i>Split 4: 00:01:15.758 (00:05:12.686)</i>		<i>Speed: 11.9mph</i>	<i>Pace: 05:03</i>		
7	EFRAIN PENA		RUNNER	19	00:05:16.09	05:16	11.4mph	M	17	
					<i>Splits: Split 1: 00:01:14.046 (00:01:14.046)</i>		<i>Speed: 12.1mph</i>	<i>Pace: 04:56</i>		
					<i>Split 2: 00:01:18.329 (00:02:32.375)</i>		<i>Speed: 11.5mph</i>	<i>Pace: 05:13</i>		
					<i>Split 3: 00:01:25.522 (00:03:57.897)</i>		<i>Speed: 10.5mph</i>	<i>Pace: 05:42</i>		
					<i>Split 4: 00:01:18.198 (00:05:16.095)</i>		<i>Speed: 11.5mph</i>	<i>Pace: 05:13</i>		
8	JAYCE WIMBISH		RUNNER	30	00:05:16.40	05:16	11.4mph	M	13	
					<i>Splits: Split 1: 00:01:16.279 (00:01:16.279)</i>		<i>Speed: 11.8mph</i>	<i>Pace: 05:05</i>		
					<i>Split 2: 00:01:17.681 (00:02:33.960)</i>		<i>Speed: 11.6mph</i>	<i>Pace: 05:10</i>		
					<i>Split 3: 00:01:24.640 (00:03:58.600)</i>		<i>Speed: 10.6mph</i>	<i>Pace: 05:38</i>		
					<i>Split 4: 00:01:17.809 (00:05:16.409)</i>		<i>Speed: 11.6mph</i>	<i>Pace: 05:11</i>		
9	JON AVERY		RUNNER	12	00:05:37.54	05:37	10.7mph	M	16	
					<i>Splits: Split 1: 00:01:18.931 (00:01:18.931)</i>		<i>Speed: 11.4mph</i>	<i>Pace: 05:15</i>		
					<i>Split 2: 00:01:29.085 (00:02:48.016)</i>		<i>Speed: 10.1mph</i>	<i>Pace: 05:56</i>		
					<i>Split 3: 00:01:30.481 (00:04:18.497)</i>		<i>Speed: 9.9mph</i>	<i>Pace: 06:02</i>		
					<i>Split 4: 00:01:19.043 (00:05:37.540)</i>		<i>Speed: 11.4mph</i>	<i>Pace: 05:16</i>		
10	TRISTION ERVIN		RUNNER	9	00:05:37.93	05:38	10.7mph	M	0	
					<i>Splits: Split 1: 00:01:17.667 (00:01:17.667)</i>		<i>Speed: 11.6mph</i>	<i>Pace: 05:10</i>		
					<i>Split 2: 00:01:29.241 (00:02:46.908)</i>		<i>Speed: 10.1mph</i>	<i>Pace: 05:57</i>		
					<i>Split 3: 00:01:29.140 (00:04:16.048)</i>		<i>Speed: 10.1mph</i>	<i>Pace: 05:56</i>		
					<i>Split 4: 00:01:21.883 (00:05:37.931)</i>		<i>Speed: 11.0mph</i>	<i>Pace: 05:27</i>		
11	BAYLOR PICARD		RUNNER	1	00:05:40.36	05:40	10.6mph	M	15	
					<i>Splits: Split 1: 00:01:21.553 (00:01:21.553)</i>		<i>Speed: 11.0mph</i>	<i>Pace: 05:26</i>		
					<i>Split 2: 00:01:27.086 (00:02:48.639)</i>		<i>Speed: 10.3mph</i>	<i>Pace: 05:48</i>		
					<i>Split 3: 00:01:28.444 (00:04:17.083)</i>		<i>Speed: 10.2mph</i>	<i>Pace: 05:54</i>		
					<i>Split 4: 00:01:23.281 (00:05:40.364)</i>		<i>Speed: 10.8mph</i>	<i>Pace: 05:33</i>		
12	HALIE SALSBURY		RUNNER	13	00:06:10.21	06:10	9.7mph	F	16	
					<i>Splits: Split 1: 00:01:17.168 (00:01:17.168)</i>		<i>Speed: 11.7mph</i>	<i>Pace: 05:08</i>		
					<i>Split 2: 00:01:30.729 (00:02:47.897)</i>		<i>Speed: 9.9mph</i>	<i>Pace: 06:03</i>		
					<i>Split 3: 00:01:40.650 (00:04:28.547)</i>		<i>Speed: 8.9mph</i>	<i>Pace: 06:42</i>		
					<i>Split 4: 00:01:41.669 (00:06:10.216)</i>		<i>Speed: 8.8mph</i>	<i>Pace: 06:47</i>		