

Heart of a Tiger 5K

| Place | Name | Hometown | Gender | Type | Bib # | Time | Pace | Speed | Division Rank |
|-------|----------------------|----------|--------|-------------|-------|-------------|-------|---------|--------------------------|
| 1 | DWAIN MCDUFFIE | | M: 1 | 5k Run/Walk | 423 | 00:15:50.67 | 05:16 | 11.4mph | Overall Male Runner: 1 |
| 2 | SEM GARAY | | M: 2 | 5k Run/Walk | 299 | 00:16:10.67 | 05:23 | 11.1mph | Male 19 and under: 1 |
| 3 | JOSEPH GARAY | | M: 3 | 5k Run/Walk | 300 | 00:16:48.00 | 05:36 | 10.7mph | Male 19 and under: 2 |
| 4 | PAUL KITCHENS | | M: 4 | 5k Run/Walk | 132 | 00:19:38.80 | 06:32 | 9.2mph | Male 50 - 59: 1 |
| 5 | DAVID THIELS | | M: 5 | 5k Run/Walk | 205 | 00:19:51.09 | 06:37 | 9.1mph | Male 60 - 69: 1 |
| 6 | BRENT CREEL | | M: 6 | 5k Run/Walk | 75 | 00:19:55.40 | 06:38 | 9.0mph | Male 40 - 49: 1 |
| 7 | CESAR CAMACHO | | M: 7 | 5k Run/Walk | 56 | 00:19:58.46 | 06:39 | 9.0mph | Male 40 - 49: 2 |
| 8 | HEATHER GRANT | | F: 1 | 5k Run/Walk | 251 | 00:20:08.11 | 06:42 | 8.9mph | Overall Female Runner: 1 |
| 9 | CAROLINE GRAHAM | | F: 2 | 5k Run/Walk | 107 | 00:20:24.76 | 06:48 | 8.8mph | Female 19 and under: 1 |
| 10 | MICHAEL DURHAM | | M: 8 | 5k Run/Walk | 252 | 00:20:37.80 | 06:52 | 8.7mph | Male 30 - 39: 1 |
| 11 | JOE KING MONTGOMERY | | M: 9 | 5k Run/Walk | 176 | 00:20:57.47 | 06:59 | 8.6mph | Male 30 - 39: 2 |
| 12 | THOMAS LASHLEY | | M: 10 | 5k Run/Walk | 145 | 00:21:11.69 | 07:03 | 8.5mph | Male 19 and under: 3 |
| 13 | FERNANDO CORDOVA | | M: 11 | 5k Run/Walk | 259 | 00:21:28.76 | 07:09 | 8.4mph | Male 20 - 29: 1 |
| 14 | LANCE WALTERS | | M: 12 | 5k Run/Walk | 216 | 00:21:38.80 | 07:12 | 8.3mph | Male 30 - 39: 3 |
| 15 | AMANDA DEBNAM | | F: 3 | 5k Run/Walk | 82 | 00:21:43.53 | 07:14 | 8.3mph | Female 30 - 39: 1 |
| 16 | RENEE LASHLEY | | F: 4 | 5k Run/Walk | 146 | 00:21:47.42 | 07:15 | 8.3mph | Female 30 - 39: 2 |
| 17 | CHEYENNE COMER | | F: 5 | 5k Run/Walk | 65 | 00:23:09.93 | 07:43 | 7.8mph | Female 30 - 39: 3 |
| 18 | PIPER BENNETT | | F: 6 | 5k Run/Walk | 18 | 00:23:11.54 | 07:43 | 7.8mph | Female 19 and under: 2 |
| 19 | MONTY MONTCALM | | M: 13 | 5k Run/Walk | 175 | 00:23:21.31 | 07:47 | 7.7mph | Male 50 - 59: 2 |
| 20 | CLAUDIA WILLIAMS | | F: 7 | 5k Run/Walk | 222 | 00:23:48.13 | 07:56 | 7.6mph | Female 20 - 29: 1 |
| 21 | HEATHER KELLER | | F: 8 | 5k Run/Walk | 128 | 00:24:02.19 | 08:00 | 7.5mph | Female 40 - 49: 1 |
| 22 | ELAINE EZELL | | F: 9 | 5k Run/Walk | 91 | 00:25:20.06 | 08:26 | 7.1mph | Female 20 - 29: 2 |
| 23 | KELLY MOORE CLARK | | F: 10 | 5k Run/Walk | 249 | 00:25:20.76 | 08:26 | 7.1mph | Female 40 - 49: 2 |
| 24 | ADRIENNE BRIDGES | | F: 11 | 5k Run/Walk | 34 | 00:25:27.91 | 08:29 | 7.1mph | Female 30 - 39: 4 |
| 25 | CYNTHIA MATHIES | | F: 12 | 5k Run/Walk | 225 | 00:25:32.29 | 08:30 | 7.0mph | Female 30 - 39: 5 |
| 26 | RYAN FEAZELL | | M: 14 | 5k Run/Walk | 93 | 00:25:35.15 | 08:31 | 7.0mph | Male 20 - 29: 2 |
| 27 | TAYLOR JOPLING | | F: 13 | 5k Run/Walk | 123 | 00:25:45.80 | 08:35 | 7.0mph | Female 20 - 29: 3 |
| 28 | MARIE CLARK | | F: 14 | 5k Run/Walk | 229 | 00:26:22.39 | 08:47 | 6.8mph | Female 40 - 49: 3 |
| 29 | CLAYTON COLLIER | | M: 15 | 5k Run/Walk | 63 | 00:26:25.17 | 08:48 | 6.8mph | Male 50 - 59: 3 |
| 30 | ADAM OGDEN | | M: 16 | 5k Run/Walk | 186 | 00:26:43.27 | 08:54 | 6.7mph | Male 20 - 29: 3 |
| 31 | MADELINE RIALS | | F: 15 | 5k Run/Walk | 224 | 00:26:57.16 | 08:59 | 6.7mph | Female 19 and under: 3 |
| 32 | MEGAN JEFCOAT | | F: 16 | 5k Run/Walk | 118 | 00:27:09.00 | 09:03 | 6.6mph | Female 40 - 49: 4 |
| 33 | TIFFANY HENRIX | | F: 17 | 5k Run/Walk | 240 | 00:27:19.34 | 09:06 | 6.6mph | Female 40 - 49: 5 |
| 34 | BRIAN CLARK | | M: 17 | 5k Run/Walk | 242 | 00:27:20.26 | 09:06 | 6.6mph | Male 40 - 49: 3 |
| 35 | BOBBY JONES | | M: 18 | 5k Run/Walk | 119 | 00:27:22.31 | 09:07 | 6.6mph | Male 60 - 69: 2 |
| 36 | SOVIT KHATRI | | M: 19 | 5k Run/Walk | 131 | 00:27:22.31 | 09:07 | 6.6mph | Male 20 - 29: 4 |
| 37 | MELANIE RICHARDSON | | F: 18 | 5k Run/Walk | 198 | 00:27:27.01 | 09:09 | 6.6mph | Female 30 - 39: 6 |
| 38 | MICHELLE JEFFERSON | | F: 19 | 5k Run/Walk | 250 | 00:27:31.04 | 09:10 | 6.5mph | Female 30 - 39: 7 |
| 39 | CHRISTOPHER DOMINGUE | | M: 20 | 5k Run/Walk | 84 | 00:27:50.10 | 09:16 | 6.5mph | Male 50 - 59: 4 |
| 40 | CRYSTAL WALTERS | | F: 20 | 5k Run/Walk | 214 | 00:28:13.94 | 09:24 | 6.4mph | Female 30 - 39: 8 |
| 41 | JASON BURNETTE | | M: 21 | 5k Run/Walk | 260 | 00:28:14.92 | 09:24 | 6.4mph | Male 40 - 49: 4 |
| 42 | JOSHUA CREEL | | M: 22 | 5k Run/Walk | 77 | 00:28:19.22 | 09:26 | 6.4mph | Male 30 - 39: 4 |
| 43 | ANTHONY FERRERI | | M: 23 | 5k Run/Walk | 256 | 00:28:41.09 | 09:33 | 6.3mph | Male 20 - 29: 5 |
| 44 | KRISTIN FERRERI | | F: 21 | 5k Run/Walk | 94 | 00:28:44.37 | 09:34 | 6.3mph | Female 20 - 29: 4 |
| 45 | TAMMY HIGGINBOTHAM | | F: 22 | 5k Run/Walk | 117 | 00:28:48.18 | 09:36 | 6.2mph | Female 50 - 59: 1 |
| 46 | KATHRYN NANCE | | F: 23 | 5k Run/Walk | 183 | 00:29:10.54 | 09:43 | 6.2mph | Female 30 - 39: 9 |
| 47 | BECKY DARSEY | | F: 24 | 5k Run/Walk | 81 | 00:29:10.64 | 09:43 | 6.2mph | Female 40 - 49: 6 |
| 48 | RUSTY POTTER | | M: 24 | 5k Run/Walk | 262 | 00:29:32.82 | 09:50 | 6.1mph | Male 50 - 59: 5 |
| 49 | KRISTIN BOWMAN | | F: 25 | 5k Run/Walk | 230 | 00:29:43.96 | 09:54 | 6.1mph | Female 30 - 39: 10 |
| 50 | SZU WEI DOMINGUE | | F: 26 | 5k Run/Walk | 85 | 00:29:51.99 | 09:57 | 6.0mph | Female 50 - 59: 2 |
| 51 | MARY DURHAM | | F: 27 | 5k Run/Walk | 253 | 00:29:57.49 | 09:59 | 6.0mph | Female 30 - 39: 11 |
| 52 | KELSEY LANDENHEIMER | | F: 28 | 5k Run/Walk | 263 | 00:30:00.27 | 10:00 | 6.0mph | Female 30 - 39: 12 |
| 53 | BRAD BORTH | | M: 25 | 5k Run/Walk | 239 | 00:30:07.18 | 10:02 | 6.0mph | Male 70 and over: 1 |
| 54 | RACHEL LEE | | F: 29 | 5k Run/Walk | 148 | 00:30:47.55 | 10:15 | 5.8mph | Female 20 - 29: 5 |
| 55 | WILLIAM LASHLEY | | M: 26 | 5k Run/Walk | 136 | 00:31:26.73 | 10:28 | 5.7mph | Male 19 and under: 4 |
| 56 | ALLISON CAMACHO | | F: 30 | 5k Run/Walk | 54 | 00:31:31.32 | 10:30 | 5.7mph | Female 30 - 39: 13 |
| 57 | STEVE BIRMINGHAM | | M: 27 | 5k Run/Walk | 19 | 00:31:36.92 | 10:32 | 5.7mph | Male 60 - 69: 3 |
| 58 | SHANON LASITER | | F: 31 | 5k Run/Walk | 255 | 00:31:37.20 | 10:32 | 5.7mph | Female 40 - 49: 7 |
| 59 | GARY TOWNSEND | | M: 28 | 5k Run/Walk | 209 | 00:31:39.93 | 10:33 | 5.7mph | Male 60 - 69: 4 |
| 60 | ELIZABETH HARRIS | | F: 32 | 5k Run/Walk | 112 | 00:31:45.24 | 10:35 | 5.7mph | Female 19 and under: 4 |
| 61 | CAROLINE PLEASANT | | F: 33 | 5k Run/Walk | 195 | 00:31:45.36 | 10:35 | 5.7mph | Female 19 and under: 5 |
| 62 | FRANKLIN MASSEY | | M: 29 | 5k Run/Walk | 173 | 00:32:01.61 | 10:40 | 5.6mph | Male 40 - 49: 5 |

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|-------|-------------------|----------|--------|-------------|-------|-------------|-------|--------|--------------------|
| 63 | BRANDON BEAN | | M: 30 | 5k Run/Walk | 10 | 00:33:13.21 | 11:04 | 5.4mph | Male 30 - 39: 5 |
| 64 | HALEY BRECHEEN | | F: 34 | 5k Run/Walk | 27 | 00:33:40.79 | 11:13 | 5.3mph | Female 30 - 39: 14 |
| 65 | JASON BANKSTON | | M: 31 | 5k Run/Walk | 264 | 00:34:01.78 | 11:20 | 5.3mph | Male 30 - 39: 6 |
| 66 | MARCANDREA LESURE | | F: 35 | 5k Run/Walk | 150 | 00:34:17.30 | 11:25 | 5.2mph | Female 40 - 49: 8 |
| 67 | JESSICA CARTER | | F: 36 | 5k Run/Walk | 60 | 00:35:11.12 | 11:43 | 5.1mph | Female 20 - 29: 6 |
| 68 | BRIAN BARR | | M: 32 | 5k Run/Walk | 223 | 00:35:24.86 | 11:48 | 5.1mph | Male 40 - 49: 6 |
| 69 | KATIE PARNELL | | F: 37 | 5k Run/Walk | 233 | 00:36:47.61 | 12:15 | 4.9mph | Female 40 - 49: 9 |
| 70 | SONYA FRONSOE | | F: 38 | 5k Run/Walk | 231 | 00:36:48.07 | 12:16 | 4.9mph | Female 40 - 49: 10 |
| 71 | WENDY LANGLEY | | F: 39 | 5k Run/Walk | 135 | 00:36:48.76 | 12:16 | 4.9mph | Female 40 - 49: 11 |
| 72 | SHANE LASITER | | M: 33 | 5k Run/Walk | 254 | 00:36:51.78 | 12:17 | 4.9mph | Male 50 - 59: 6 |
| 73 | KATHY SCHAFF | | F: 40 | 5k Run/Walk | 261 | 00:37:30.54 | 12:30 | 4.8mph | Female 50 - 59: 3 |
| 74 | TYLER FLEMISTER | | M: 34 | 5k Run/Walk | 96 | 00:38:10.45 | 12:43 | 4.7mph | Male 30 - 39: 7 |
| 75 | KATI BELLAMY | | F: 41 | 5k Run/Walk | 16 | 00:39:27.39 | 13:09 | 4.6mph | Female 30 - 39: 15 |
| 76 | JODY CALLOWAY | | F: 42 | 5k Run/Walk | 50 | 00:43:51.71 | 14:37 | 4.1mph | Female 50 - 59: 4 |
| 77 | EMILY LOVELADY | | F: 43 | 5k Run/Walk | 152 | 00:44:01.32 | 14:40 | 4.1mph | Female 20 - 29: 7 |
| 78 | CHRISTY GWIN | | F: 44 | 5k Run/Walk | 110 | 00:44:30.14 | 14:50 | 4.0mph | Female 50 - 59: 5 |
| 79 | ASHLEY ONEAL | | F: 45 | 5k Run/Walk | 188 | 00:44:30.29 | 14:50 | 4.0mph | Female 30 - 39: 16 |
| 80 | MOLLY CUBELO | | F: 46 | 5k Run/Walk | 76 | 00:47:12.00 | 15:44 | 3.8mph | Female 40 - 49: 12 |
| 81 | JONATHAN PERRY | | M: 35 | 5k Run/Walk | 189 | 00:47:13.19 | 15:44 | 3.8mph | Male 30 - 39: 8 |
| 82 | PERRY ESTIS | | F: 47 | 5k Run/Walk | 89 | 00:48:32.73 | 16:10 | 3.7mph | Female 40 - 49: 13 |
| 83 | TINA KOESHALL | | F: 48 | 5k Run/Walk | 133 | 00:48:32.97 | 16:10 | 3.7mph | Female 40 - 49: 14 |
| 84 | HOLLEY PERRY | | F: 49 | 5k Run/Walk | 190 | 00:48:33.64 | 16:11 | 3.7mph | Female 30 - 39: 17 |
| 85 | STACEY PHILLIPS | | F: 50 | 5k Run/Walk | 194 | 00:49:24.17 | 16:28 | 3.6mph | Female 40 - 49: 15 |
| 86 | BETH DENTON | | F: 51 | 5k Run/Walk | 83 | 00:50:31.61 | 16:50 | 3.6mph | Female 60 - 69: 1 |
| 87 | ESTHER M GOODEN | | F: 52 | 5k Run/Walk | 106 | 00:50:32.44 | 16:50 | 3.6mph | Female 50 - 59: 6 |
| 88 | AMY BREITHAUPT | | F: 53 | 5k Run/Walk | 31 | 00:51:56.80 | 17:18 | 3.5mph | Female 50 - 59: 7 |
| 89 | CAROL EZELL | | F: 54 | 5k Run/Walk | 90 | 00:51:56.96 | 17:18 | 3.5mph | Female 50 - 59: 8 |
| 90 | KAREN BRYAN | | F: 55 | 5k Run/Walk | 44 | 00:53:56.95 | 17:58 | 3.3mph | Female 60 - 69: 2 |
| 91 | RACHEL FRANKS | | F: 56 | 5k Run/Walk | 258 | 00:53:57.26 | 17:59 | 3.3mph | Female 30 - 39: 18 |
| 92 | KENDRA VALADAS | | F: 57 | 5k Run/Walk | 257 | 00:53:57.48 | 17:59 | 3.3mph | Female 30 - 39: 19 |
| 93 | BUBBA BRYAN | | M: 36 | 5k Run/Walk | 39 | 00:53:58.59 | 17:59 | 3.3mph | Male 50 - 59: 7 |