

VFW Freedom Run 5K

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
1	JOSEPH WOHLERS	PINE APPLE, AL	M: 1	Runner	999	00:16:34.45	05:20	11.2mph	Overall Male: 1
2	CARSON ALMOND	WEST MONROE, LA	M: 2	Runner	236	00:19:41.78	06:20	9.5mph	Male 19 and under: 1
3	ELIANA BATTLE	WEST MONROEMONROE, LA	F: 1	Runner	233	00:20:00.80	06:26	9.3mph	Overall Female: 1
4	COLE SIMS	STERLINGTON, LA	M: 3	Runner	967	00:20:36.99	06:38	9.0mph	Male 50 - 59: 1
5	OLLY POWELL	MONROEROE, LA	M: 4	Runner	99	00:21:31.54	06:55	8.7mph	Male 19 and under: 2
6	JOSHUA TORRES	MONROE, LA	M: 5	Runner	954	00:21:34.63	06:56	8.6mph	Male 20 - 29: 1
7	FERNANDO CORDOVA	MONROE, LA	M: 6	Runner	960	00:21:47.44	07:00	8.6mph	Male 30 - 39: 1
8	ANDIE WOODHEAD	MONROE, LA	F: 2	Runner	981	00:21:49.31	07:01	8.5mph	Female 19 and under: 1
9	TYLER SHOCKEY	MONROE, LA	M: 7	Runner	69	00:22:39.40	07:17	8.2mph	Male 30 - 39: 2
10	ELYSSA GIBBS	MONROE, LA	F: 3	Runner	980	00:22:44.17	07:19	8.2mph	Female 19 and under: 2
11	PAUL KITCHENS	BASTROP, LA	M: 8	Runner	993	00:22:44.75	07:19	8.2mph	Male 50 - 59: 2
12	STEPHANIE LAZO	MONROE, LA	F: 4	Runner	969	00:23:06.22	07:26	8.1mph	Female 20 - 29: 1
13	CHAD FRANKOWICZ	MONROE, LA	M: 9	Runner	228	00:24:09.11	07:46	7.7mph	Male 40 - 49: 1
14	ASHTON HOWELL	OAK GROVE, LA	M: 10	Runner	947	00:24:12.52	07:47	7.7mph	Male 19 and under: 3
15	EMILIE GIBBS	MONROE, LA	F: 5	Runner	994	00:24:13.28	07:47	7.7mph	Female 19 and under: 3
16	AVA BARTLETT	MONROE, LA	F: 6	Runner	968	00:24:24.53	07:51	7.6mph	Female 19 and under: 4
17	TIM STAMPER	STERLINGTON, LA	M: 11	Runner	957	00:25:07.31	08:05	7.4mph	Male 40 - 49: 2
18	DYLAN BARDIN	WEST MONROE, LA	M: 12	Runner	941	00:25:29.79	08:12	7.3mph	Male 30 - 39: 3
19	CARRIE BOSWELL	LAFAYETTE, LA	F: 7	Runner	327	00:25:38.50	08:15	7.3mph	Female 20 - 29: 2
20	BRETT MAY		M: 13	Runner	774	00:25:56.12	08:20	7.2mph	Male 40 - 49: 3
21	JOE HALLER	WEST MONROE, LA	M: 14	Runner	975	00:26:04.58	08:23	7.1mph	Male 60 - 69: 1
22	JACKS WATERS		M: 15	Runner	500	00:26:06.06	08:24	7.1mph	Male 19 and under: 4
23	CHARLES WALTERS	CALHOUN, LA	M: 16	Runner	946	00:26:11.24	08:25	7.1mph	Male 20 - 29: 2
24	MICHAEL FRONSOE	MONROE, LA	M: 17	Runner	94	00:26:22.41	08:29	7.1mph	Male 60 - 69: 2
25	JAMES COLE	BOSSIER CITY, LA	M: 18	Runner	942	00:26:44.38	08:36	7.0mph	Male 50 - 59: 3
26	MASON WATTS	OAK GROVE, LA	M: 19	Runner	96	00:26:49.27	08:37	7.0mph	Male 19 and under: 5
27	HOLLAND MCDUFFIE		M: 20	Runner	1138	00:26:50.29	08:38	6.9mph	Male 19 and under: 6
28	AARON FLANDERS	WEST MONROE, LA	M: 21	Runner	213	00:26:54.08	08:39	6.9mph	Male 40 - 49: 4
29	SARAH STAMPER	STERLINGTON, LA	F: 8	Runner	943	00:26:55.38	08:39	6.9mph	Female 40 - 49: 1
30	NATHAN RYAN	MONROE, LA	M: 22	Runner	978	00:26:56.12	08:40	6.9mph	Male 20 - 29: 3
31	JONATHAN GIBBS	STERLINGTON, LA	M: 23	Runner	226	00:27:04.79	08:42	6.9mph	Male 30 - 39: 4
32	DANIEL MCELROY	WEST MONROE, LA	M: 24	Runner	221	00:27:06.44	08:43	6.9mph	Male 30 - 39: 5
33	CATHY JOLLY	CALHOUNCALHOUN, LA	F: 9	Runner	225	00:27:09.73	08:44	6.9mph	Female 40 - 49: 2
34	RYAN POWELL		M: 25	Runner	497	00:27:36.27	08:53	6.8mph	Male 40 - 49: 5
35	FAISAL ALI	WEST MONROE, LA	M: 26	Runner	961	00:27:41.49	08:54	6.7mph	Male 40 - 49: 6
36	KATHRYN BAGLEY	MONROE, LA	F: 10	Runner	238	00:27:50.17	08:57	6.7mph	Female 40 - 49: 3
37	KAYLEE COGGINS	MONROE, LA	F: 11	Runner	956	00:27:53.60	08:58	6.7mph	Female 30 - 39: 1
38	LINDA STUDLEY	SHREVEPORT, LA	F: 12	Runner	945	00:28:00.72	09:00	6.7mph	Female 70 and over: 1
39	JENNIFER DEMOLE	SHREVEPORT, LA	F: 13	Runner	948	00:28:01.10	09:01	6.7mph	Female 30 - 39: 2
40	EMILY ESSEX	MONROE, LA	F: 14	Runner	973	00:28:04.80	09:02	6.6mph	Female 40 - 49: 4
41	MICHAEL KIMBREL	SHREVEPORT, LA	M: 27	Runner	971	00:28:09.30	09:03	6.6mph	Male 40 - 49: 7
42	BETH HOWELL	MONROE, LA	F: 15	Runner	985	00:28:40.99	09:13	6.5mph	Female 60 - 69: 1
43	ANGIE PALETTE	MONROE, LA	F: 16	Runner	959	00:29:07.09	09:22	6.4mph	Female 40 - 49: 5
44	ANNE MARIE SISK	MONROE, LA	F: 17	Runner	118	00:29:09.73	09:23	6.4mph	Female 30 - 39: 3
45	MELISSA DUCOTE	MONROE, LA	F: 18	Runner	965	00:29:10.04	09:23	6.4mph	Female 40 - 49: 6
46	MAGGIE ELLENDER	MONROE, LA	F: 19	Runner	991	00:29:14.35	09:24	6.4mph	Female 20 - 29: 3
47	PETE CASTALDI	CALHOUN, LA	M: 28	Runner	995	00:29:20.16	09:26	6.4mph	Male 50 - 59: 4
48	LOLA KAVANAUGH	RUSTON, LA	F: 20	Runner	940	00:29:20.62	09:26	6.4mph	Female 70 and over: 2
49	CASTALDI BRIANNA	CALHOUN, LA	F: 21	Runner	100	00:29:59.00	09:39	6.2mph	Female 20 - 29: 4
50	CHRIS DOMINGUE	MONROE, LA	M: 29	Runner	988	00:30:02.33	09:40	6.2mph	Male 50 - 59: 5
51	MARY MARGARET HILDEBRAND	MONROE, LA	F: 22	Runner	355	00:30:09.20	09:42	6.2mph	Female 30 - 39: 4
52	TAMMY COLEMAN	CHOUDRANT, LA	F: 23	Runner	962	00:30:17.55	09:45	6.2mph	Female 50 - 59: 1
53	CLINT COLEMAN	CHOUDRANT, LA	M: 30	Runner	977	00:30:17.87	09:45	6.2mph	Male 50 - 59: 6
54	ALVIA ROBERTS		F: 24	Runner	498	00:30:53.27	09:56	6.0mph	Female 30 - 39: 5
55	KRISHN WYBLE		F: 25	Runner	778	00:31:16.53	10:03	6.0mph	Female 30 - 39: 6
56	CAYCE ROBERTS	MONROE, LA	F: 26	Runner	499	00:31:17.18	10:04	6.0mph	Female 30 - 39: 7
57	BRIAN CLARK	MONROE, LA	M: 31	Runner	998	00:32:03.49	10:19	5.8mph	Male 40 - 49: 8
58	NICOLE WEST		F: 27	Runner	782	00:32:09.00	10:20	5.8mph	Female 40 - 49: 7
59	KANDY MULLINS	WEST MONROE, LA	F: 28	Runner	944	00:32:19.20	10:24	5.8mph	Female 50 - 59: 2

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60	BO RYALS	CALHOUN, LA	M: 32	Runner	953	00:32:31.04	10:27	5.7mph	Male 40 - 49: 9
61	HOLLY RYALS	CALHOUN, LA	F: 29	Runner	939	00:32:31.33	10:28	5.7mph	Female 40 - 49: 8
62	SZU WEI DOMINGUE	MONROE, LA	F: 30	Runner	974	00:32:41.91	10:31	5.7mph	Female 50 - 59: 3
63	KOLBY PRYOR	MAUMELLE, AR	F: 31	Runner	98	00:32:54.80	10:35	5.7mph	Female 19 and under: 5
64	KYLE PRYOR	MAUMELLE, AR	M: 33	Runner	983	00:32:56.44	10:36	5.7mph	Male 30 - 39: 6
65	TAMMY HIGGINBOTHAM	FARMERVILLE, LA	F: 32	Runner	982	00:33:06.62	10:39	5.6mph	Female 50 - 59: 4
66	MICHAEL HILDEBRAND	MONROE, LA	M: 34	Runner	357	00:34:24.74	11:04	5.4mph	Male 30 - 39: 7
67	ANNSLEY RAY	MONROE, LA	F: 33	Runner	964	00:34:47.26	11:11	5.4mph	Female 30 - 39: 8
68	GRANT ROGERS	BENTON, LA	M: 35	Runner	463	00:35:40.64	11:29	5.2mph	Male 30 - 39: 8
69	TAMMIE WHITE	RICHARDSON, TX	F: 34	Runner	242	00:36:14.56	11:39	5.1mph	Female 40 - 49: 9
70	KRISTIN ARANT	WEST MONROE, LA	F: 35	Runner	958	00:36:58.49	11:54	5.0mph	Female 20 - 29: 5
71	KRISTEN BERGERON	WEST MONROE, LA	F: 36	Runner	986	00:37:26.16	12:02	5.0mph	Female 30 - 39: 9
72	JANNA PATRICK	WEST MONROE, LA	F: 37	Runner	970	00:37:58.80	12:13	4.9mph	Female 50 - 59: 5
73	JESSICA MARQUARDT	MONROE, LA	F: 38	Runner	235	00:38:22.20	12:21	4.9mph	Female 40 - 49: 10
74	AUTUMN BROWN	COUSHATTA, LA	F: 39	Runner	992	00:38:23.28	12:21	4.9mph	Female 19 and under: 6
75	ANDREA DARK	WEST MONROE, LA	F: 40	Runner	990	00:38:43.84	12:27	4.8mph	Female 20 - 29: 6
76	MORGAN SMITH	WEST MONROE, LA	F: 41	Runner	80	00:38:45.69	12:28	4.8mph	Female 20 - 29: 7
77	MICHAEL HIGGINBOTHAM	FARMERVILLE, LA	M: 36	Runner	996	00:39:05.67	12:34	4.8mph	Male 50 - 59: 7
78	TARA ELMORE	DOWNSVILLE, LA	F: 42	Runner	239	00:39:33.36	12:43	4.7mph	Female 40 - 49: 11
79	CHRIS TRAYLOR	ARGILLITE, KY	M: 37	Runner	222	00:40:22.58	12:59	4.6mph	Male 40 - 49: 10
80	MARIA BATTLE	WEST MONROEMONROE, LA	F: 43	Runner	232	00:40:58.67	13:11	4.5mph	Female 40 - 49: 12
81	SHERRIE ROBERSON	WEST MONROE, LA	F: 44	Runner	987	00:43:22.19	13:57	4.3mph	Female 50 - 59: 6
82	JOHNATHAN EARL	MONROE, LA	M: 38	Runner	984	00:44:40.52	14:22	4.2mph	Male 30 - 39: 9
83	LEIGH HERSEY	MONROE, LA	F: 45	Runner	997	00:46:26.48	14:56	4.0mph	Female 50 - 59: 7
84	TINA CONLEY	RUSTON, LA	F: 46	Runner	229	00:46:30.72	14:58	4.0mph	Female 50 - 59: 8
85	LAUREN VYVIAL	BASTROP, LA	F: 47	Runner	989	00:46:35.40	14:59	4.0mph	Female 30 - 39: 10
86	JAMIE SHIVERS	MONROE, LA	F: 48	Runner	41	00:46:35.74	14:59	4.0mph	Female 20 - 29: 8
87	MISTY CHEEK	MONROE, LA	M: 39	Runner	216	00:46:37.00	15:00	4.0mph	Male 40 - 49: 11
88	VIRGINIA WALLER	MONROE, LA	F: 49	Runner	68	00:46:39.11	15:00	4.0mph	Female 70 and over: 3
89	DAYNA FLANDERS	WEST MONROE, LA	F: 50	Runner	952	00:47:19.01	15:13	3.9mph	Female 40 - 49: 13
90	CHANCE COLE	WEST MONROE, LA	M: 40	Runner	467	00:48:32.05	15:37	3.8mph	Male 19 and under: 7
91	KRISTINA GREEN	MONROE, LA	F: 51	Runner	234	00:48:34.10	15:37	3.8mph	Female 30 - 39: 11
92	BUBBA BROWN	WEST MONROE, LA	M: 41	Runner	979	00:48:47.16	15:42	3.8mph	Male 30 - 39: 10
93	CRYSTAL SHIPLEY	WEST MONROE, LA	F: 52	Runner	496	00:51:24.00	16:32	3.6mph	Female 40 - 49: 14
94	CONNOR BROWN	MONROE, LA	M: 42	Runner	215	00:51:24.26	16:32	3.6mph	Male 20 - 29: 4