



**Illinois Heart & Lung Foundation
Fun Run with Kathrine Switzer
Sponsored by Fleet Feet Sports Bloomington**

Tuesday, April 14, 2015

Illinois State University, Bone Student Center
100 North University Street
Normal, IL 61761



Kathrine Switzer is best known as the woman who challenged the all-male tradition of the 1967 Boston Marathon and became the first woman to officially enter and run the event despite being physically attacked by a race official.

Kathrine is the keynote speaker at the Illinois Heart & Lung Foundation's Women's Health Night. Prior to her speech run or walk alongside Kathrine for a 1.5 mile fun run sponsored by Fleet Feet Sports Bloomington. The run will leave from the Circle Drive entrance of the Bone Student Center and will be an out and back on the Illinois State University Campus.

Women's Health Night Schedule of Events:

- 3:00pm Doors open
- 4:00pm Fun Run with Kathrine
- 5:30pm Nursing Scholarship presentation
- 5:45pm Keynote Speaker Kathrine Switzer
- 7:00pm Book signing with Kathrine Switzer

Fun Run check-in and bib pick-up will be from 3:00 pm - 3:45 pm in the West Lounge of the ISU Bone Student Center. An announcement will be made at approximately 3:45 pm to direct runners and walkers to the event start.

Questions? Contact Julie Sibley at 309-808-3220 or email julie@fleetfeetbloomington.com

- \$10 Participant Registration
- _____ Additional Tax-Deductible Donation to the Illinois Heart & Lung Foundation
- _____ Do you want to purchase an event t-shirt for an additional \$5?
- _____ Total Amount Included (*check payable to IHLF*)

Name		Email			
Address					
City		State		Zip	
Phone		Cotton Unisex T-Shirt Size (\$5)		S	M L XL

Waiver and Release

In consideration of being allowed to participate in the IHLF Fun Run with Kathrine Switzer, its related events and activities, I, the undersigned, acknowledge, appreciate, and agree that: The risk of injury from the activities involved in this event is significant, and while particular skills, equipment, and personal discipline may reduce this risk, the risk of serious injury or death does exist. I knowingly and freely assume all such risks, both known and unknown, even if arising from the negligence of the releases or others, and assume full responsibility for my participation. I willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the Company immediately. I understand this Fleet Feet Sports location is an independent licensee of Fleet Feet, Incorporated and independently operates this event. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, hereby release, indemnify, and hold harmless Sibley Ventures, Inc. d/b/a FLEET FEET, their agents, employees, coaches, volunteers, officers, directors, franchisors, successors and assigns, The Illinois Heart & Lung Foundation, Illinois State University, and any and all sponsors, their representatives and successors ("Releasees"), with respect to any and all injury, disability, death, or loss or damage to person or property associated with my presence or participation, whether arising from the negligence of the releases or otherwise, to the fullest extent permitted by law. I attest that I am in good health and physically capable of participating in this event and my medical care provider has approved my participation. Further, I hereby release, consent to, and authorize, in advance, any such use of my name, photograph, voice or likeness by the foregoing parties in any manner they deem appropriate and necessary without remuneration to me.

Signature (parent if under 18) _____

Drop form and check off or mail to: Fleet Feet Sports Bloomington • 105 Krispy Kreme Drive #5 • Bloomington, IL 61704