



MENTOR/PACER APPLICATION

NAME: _____

PRIMARY CONTACT NUMBER: _____

EMAIL: _____

WHICH TRAINING PROGRAMS ARE YOU INTERESTED IN MENTORING/PACING? PLEASE CHECK ALL THAT APPLY:

- Spring Half & Full Marathon Training – (15-weeks; starting February 10)
- Spring No Boundaries – (10-weeks; starting March 15)
- Spring WalkFit – Beginner Walk Training (6-weeks; starting April 5)
- Spring Make-It-A-Mile – Beginner Run/Walk Program (4-weeks; starting April 26)
- No Boundaries II (Advanced) – (6-weeks; starting May 24)
- Summer WalkFit – Beginner Walk Training (6-weeks; starting May 31)
- Fox Cities Half-and Full-Marathon Training (15-weeks; starting in June 8)
- Summer Make-It-A-Mile – Beginner Run/Walk Program (4-weeks; starting June 14)
- Summer No Boundaries – Beginner 5K Training (10-weeks; starting July 12)
- Fall Make-It-A-Mile – Beginner Run/Walk Program (4-weeks; starting August 23)
- FallII Make-It-A-Mile – Beginner Run/Walk Program (4-weeks; starting September 20)
- Fall NoBoundaries – Beginner 5-mile Training (10-weeks; starting September 20)
- Fall WalkFit – Beginner Walk Training (8-weeks; starting October 4)
- Winter Warriors – Variable Distance Training (10-weeks; starting December 1)

Tell us about your experience coaching, mentoring, or working with people in a motivational setting. If you don't yet have any, that's okay. Tell us about how someone has mentored or motivated you.

WHY WOULD YOU LIKE TO BE A MENTOR/PACER WITH FLEET FEET SPORTS FOX VALLEY?



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HAVE YOU PARTICIPATED IN A FLEET FEET SPORTS FOX VALLEY TRAINING PROGRAM? IF SO, WHICH ONE(S)?

DESCRIBE YOUR EXPERIENCE WITH FLEET FEET SPORTS FOX VALLEY.

TELL US ABOUT YOUR RUNNING/WALKING. DO YOU HAVE A FAVORITE DISTANCE? TELL US ABOUT A TIME WHEN YOU'VE ACCOMPLISHED A RUNNING GOAL.

Please print and fill this out & return to Jamie at the store (address below) or attached to an email (jamie@fleetfeetfoxvalley.com).

We look forward to your involvement!