

Fleet Feet Sports West Lafayette February Newsletter

Thursday evening Fun Runs are back!



Thursday night Fun Runs are back!!! Join us at 6pm at the store and we'll divide into groups going anywhere from 1 to 4 mile runs and run/walks. Great way for our training group participants to get all 3 of their weekly runs in from the store with others from the training groups. We've got scenic routes through quiet neighborhoods and trails and parks right from our front door! Our Fun Runs are free and all are welcome!

Meet us at the store at 6pm **this Thursday** night for our next Fun Run!

Mark your calendar:

Special Valentine's Day Fun Run on Thurs., Feb. 14th



Join us on **Valentine's Day** for a special Fun Run!!! Bring a date, your spouse, a friend, a friend of your spouse (just kidding) for a "romantic night" Fun Run. Each couple that attends will be given a chance for a \$25 gift card that we will raffle that night. Also, hot chocolate, cookies and brownies, 10 minute massages from Message Envy, and who knows what else! Perhaps some special sales..hint, hint? You won't know unless you're here!

Bring a friend, tell a friend....it's at 6pm., Thurs., **Feb. 24th!!!**

Guys.....looking for that special gift for your sweetheart on Valentine's Day?

Come in anytime from now until Valentine's Day and let us help you pick out something special for your girl! Guys, we'll give you a 15% discount and when added to our rewards program, is like giving you a 25% discount overall! Our team will assist you in every way! Just mention you read this in our newsletter for the discount, and thanks for being a subscriber

Our fabulous training programs!



Still thinking about running or running and walking in the Purdue University Center for Cancer Research 5K Challenge, or the Indianapolis Mini Marathon and 5K, or the Geist Half Marathon and 5K?

We are up and running with a large group but you can still join our 5K or half marathon training programs. Ten weeks and counting for the Purdue 5K Challenge, twelve weeks for the Cooperider Memorial 5K, thirteen weeks for the Indy Mini and 5K, and fifteen weeks for the Geist Half Marathon and 5K.

Plenty of time left to get in shape and take part in these events!

For more information on our 5K training program, go to:

<http://www.fleetfeetwestlafayette.com/training/beginner>

For more information on our half marathon training program, go to:

<http://www.fleetfeetwestlafayette.com/training/advanced>

**Congratulations to our runners who ran in the Groundhog 7 mile race
in Zionsville on Sun., Feb. 3rd!**



From left to right: Stacy was 1st in her division, Cory was 33rd overall, Jenn was 2nd in her division, and Jennifer and Julie completed their longest distance ever and finished in the top 10 in their division! Way to go! We are proud of all of you!

Upcoming events:

[Sat., Feb. 16th - Craft base layer wear test and Fun Run](#)

Craft is coming to our store on [Sat., 2/16](#) at 9:00am for a base layer wear test. Come in, put on one of their incredible base layer shirts and go out for a run with us (see below). You will be extremely impressed with how warm, soft and comfortable their base layer tops are, and you will be wanting one when we get some in!

Sat., Feb. 16th - Fun Run "Guest Day" with our training groups

Want to see what it's like to run or walk/run with us? Join us for the base layer wear test and go out with either our 5K or half marathon run group. The 5K group will have a 1 mile course and the half marathon group will have a 6 mile course. Come join us! It's free and as always, all are welcome!

Sun., Feb. 24th - Sprint Triathlon at Club Newton

Join us at Club Newton where they will host a 500 yd swim, a 20K bike and 5K run, all indoors of course. Looks like lots of fun! Register at the Club Newton Service Desk. For more information, contact Lucas Woody, Director of Fitness at 765-447-2400.

WHERE TO FIND US:

Our store is located next to Jos. A. Bank at University Square (also where Talbot's, Sunspot and Chico's are located), 500 Sagamore Parkway West, West Lafayette.

WE INVITE YOU TO JOIN US! BE THE MOVEMENT!

Find us online at www.fleetfeetwestlafayette.com

Like us on Facebook @ www.facebook.com/fleetfeetwestlafayette

Contact us by phone: [\(765\) 588-6222](tel:7655886222)

email: greg@fleetfeetwestlafayette.com

Hours of operation: Monday- Friday 10 a.m. - 7 p.m.

Saturday 10 a.m. - 6 p.m.

Sunday Noon- 4 p.m.