

Fleet Feet Sports West Lafayette December Newsletter

**We had a great Thanksgiving Day at our second
annual
Race Against Hunger 5k" and 1 mile walk!!**



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Despite frigid weather, over 600 walkers and runners came out to participate in the event. Family, friends, and fitness enthusiasts warmed up to a lively DJ before dashing a 5k or walking one mile.



Together, we brought in 2,135 lbs of food for Food Finder's Food Bank and with the monetary donations, Food Finders estimates a total of 6,500 meals will be provided to those in need in our community as a result of the event!!! Many

thanks to our participants and sponsors!!

SO...that's one holiday down and MORE to come...

Stay fit with our complimentary Holiday Fun Run Series!



The goal of the Holiday Fun Run series is to maintain the hard earned fitness from the summer and fall, running some holiday races and surviving the holidays!

Here are more details:

Twice weekly group runs from Fleet Feet Sports West Lafayette

Tuesdays at 6:30 pm for 2 and 3 mile courses (begin/end at the store)

Saturdays at 9:00 am for 3 and 5 courses (begin/end at the store)

Certified coaches on-site for advice and questions

Post run refreshments

Team support and encouragement

Participate in Holiday races (registration not included)

Spring Training Programs

Looking to train for the Purdue Challenge 5K or the 500 Festival Mini Marathon 2014? Save these dates!

Our spring 5K training program begins **January 21st for the Purdue Challenge 5K and our spring half-marathon training program begins **February 11th** for the Indy Mini half-marathon.**

Check our website soon for additional details!!

Here is some of what debuted at our store this past month...



Mizuno Wave Rider 17 for both men and women are NOW at the store. A full ounce lighter than the 16s, the new midsole offers a more cushioned ride.

ALSO in are the Men's **Mizuno Wave Inspire 10's** in Boilermaker colors.

...the Princeton Tec REMIX LED headlight...



This headlamp provides visibility of 73 meters.

The Saucony Ride 6 ViziGLO is also in...



Run safe with 360 degrees of eye-popping reflectivity. The Ride 6 ViZiGLO features all-new PowerGrid cushioning technology from heel-to-toe for an even smoother feel. Deeper flex grooves in the forefoot add flexibility and responsiveness allowing the shoe to move with the foot as never before.

Ho...ho...holidays are the time for giving and gifting.

Fret not...we've got great stocking stuffers.



and even GREATER Gift Ideas...



Garmin has really stepped up their game with the latest and greatest: the Garmin 220 and 620.

With customizable data fields & training tools, real-time coaching using free training plans at Garmin Connect, Bluetooth connectivity via smartphone + Garmin Connect Mobile App, and much more!!

Keep your runner warm with a Mizuno Breath Thermo Base Layer!!



Breath Thermo® captures escaping body vapors and generates heat to warm the body while running. The base layer with a Mizuno NiteLite® reflective logo is also made of ThermoStretch double knit for increased flexibility.

Holiday Wish List Gift Register

We haven't forgotten about YOU!

Make sure that get what you want this holiday and stop in and fill out a holiday wish list so that your loved ones know exactly (down to color and size) what you want!!

We are also an official drop off location for the Toys-For-Tots program!!



Come drop off a new, unwrapped toy at Fleet Feet Sports West Lafayette!

The objectives of Toys for Tots are to help less fortunate children throughout the United States experience the joy of **Christmas; to play an active role in the development of one of our nation's most valuable resources - our children; to unite all members of the greater Lafayette community in a common cause each year during the annual toy collection and distribution campaign; and to contribute to better communities in the future.**

HAPPY HOLIDAYS!!

Fleet Feet Sports West Lafayette

For daily updates of what is going on with us, "like" us on Facebook!!

www.facebook.com/fleetfeetwestlafayette

WHERE TO FIND OUR STORE:

Our store is located: next to Jos. A. Bank at University Square (also where Talbot's, Sunspot and Chico's are located), 500 Sagamore Parkway West, West Lafayette.

WE INVITE YOU TO JOIN US! BE THE MOVEMENT!

Find us online at www.fleetfeetwestlafayette.com

Like us on Facebook @ www.facebook.com/fleetfeetwestlafayette

Contact us by phone: (765) 588-6222

email: greg@fleetfeetwestlafayette.com

Hours of operation: Monday- Friday 10 a.m. - 7 p.m.

Saturday 10 a.m. - 6 p.m.

Sunday Noon- 4 p.m.